

SCHEDULE EFFECTIVE SEPTEMBER 12, 2022

| MONDAY                   | TUESDAY                                  | WEDNESDAY                | THURSDAY                                 | FRIDAY              | SATURDAY            | SUNDAY |
|--------------------------|--|--------------------------|--|---------------------|---------------------|--------|
| 5:30 - 6:20pm            | 5:30 - 6:20pm                            | 5:30 - 6:20pm            | 5:30 - 6:20pm                            | 5:30 - 6:20pm       |                     |        |
| CHILDREN<br>ADVANCED     | CHILDREN<br>BEGINNER<br>PEE WEE<br>CLASS | CHILDREN<br>ADVANCED     | CHILDREN<br>BEGINNER<br>PEE WEE<br>CLASS | FAMILY<br>OPEN      | 9:30 - 10:30am      | C      |
| 6:30 - 7:20pm            | 6:30 - 7:20pm                            | 6:30 - 7:20pm            | 6:30 - 7:20pm                            | 6:30 - 8:00pm       | FAMILY<br>OPEN      | L      |
| CHILDREN<br>BEGINNER     | CHILDREN<br>INTERMEDIATE                 | CHILDREN<br>BEGINNER     | CHILDREN<br>INTERMEDIATE                 | BLACK BELT<br>CLASS | 10:30 - NOON        | O      |
| CHILDREN<br>INTERMEDIATE | CHILDREN<br>ADVANCED                     | CHILDREN<br>INTERMEDIATE | CHILDREN<br>ADVANCED                     |                     | COMPETITION<br>TEAM | S      |
| 7:30 - 8:30pm            | 7:30 - 8:30pm                            | 7:30 - 8:30pm            | 7:30 - 8:30pm                            |                     |                     | E      |
| JUNIOR AND<br>ADULT OPEN | JUNIOR AND<br>ADULT OPEN                 | JUNIOR AND<br>ADULT OPEN | JUNIOR AND<br>ADULT OPEN                 |                     |                     | D      |

| OPEN               | BEGINNERS               | INTERMEDIATE              | ADVANCED               | COMPETITION            | BLACK BELT             |
|--------------------|-------------------------|---------------------------|------------------------|------------------------|------------------------|
| ALL<br>BELT LEVELS | WHITE TO<br>HALF-YELLOW | YELLOW TO<br>GREEN-STRIPE | GREEN TO<br>BLACK BELT | TOURNAMENT<br>TRAINING | BLACK-STRIPE<br>AND UP |

| PEEWEE         | CHILDREN        | JUNIOR/ADULT      | FAMILY                     |
|----------------|-----------------|-------------------|----------------------------|
| AGES<br>4 TO 6 | AGES<br>6 TO 11 | AGES<br>12 AND UP | AGES 7 AND UP<br>ALL BELTS |