

Covid Protocols Update

On September 15th the Government of Alberta declared a state of public health emergency and changes to the Covid protocols and Vaccination requirements.

The only way we are able to continue full operations and classes is by implementing the Provincial Restrictions Exemption Program.

Here's how these changes will affect our members at Spirit Taekwondo.

1 – Proof of Vaccination (Single doses are ok beginning September 20th and Double doses beginning October 25th), a privately paid Negative Covid test result (within 72 hours) or Medical exemption note from Doctor for everyone ages 18 and up (including members, parents and guests) must be provided to be in our facility. We recommend members above 12 to be vaccinated, as AHS rules could change at any time.

We understand that this is a controversial issue but our only other option is not to run our full program for all members. We want to continue the best experience we can offer to our members.

2 – All persons entering the facility must review Covid screening before coming into the facility. If you show ANY signs or symptoms, PLEASE DO NOT come to the facility. We ask diligence for all our members and guest to help us continue to be able to provide a safe and healthy training environment for everyone. Anyone showing up displaying any symptoms will be asked to leave until symptoms are gone.

Questionnaire can be found here

<http://www.edmontontaekwondo.ca/wp-content/uploads/utf-8FIT---TO---TRAIN-SCREENING-QUESTIONNAIRE.pdf>

You do not have to print and bring it in, just please go over it before every class.

3 – Masking and social distancing is required in common areas such as the entrance way into and out of the facility. Masks are not required while doing physical activity and therefore not required on the mats. It is your personal choice to wear a mask during training.

4 – Parents and spectators will only be allowed to watch class during their introductory trial period or if their child is in the Pee Wee program, but you must remain socially distanced. Limited to only one guest per family. Some other exceptions can be made if needed, please talk to Master Le about your concerns.

5 – Please continue to Sanitize your hands before and after classes.

6 – Use of Changerooms is still limited, please arrive in your training outfit.

7 – Please do not arrive more than 5 mins before your class. We need time in between classes to let the previous class out and sanitize the training area before your class.

We want to sincerely thank you for everyone's support and understanding as we continue to endure the rollercoaster of Covid restrictions and policies.

Master Thai Le
Spirit Taekwondo