

CLASS ROTATION

2024/25 CLASS
ROTATION SCHEDULE

A - KICKING TECHNIQUES
B - POOMSAE & BASIC MOVEMENTS

C - SPARRING TECHNIQUES
D - BREAKING / ONE-STEP SPARRING

E - CONDITIONING

SEPTEMBER 2 0 2 4						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
A	B	C	D	E	A	B
8	9	10	11	12	13	14
C	D	E	A	B	C	D
15	16	17	18	19	20	21
E	A	B	C	D	E	A
22	23	24	25	26	27	28
B	C	D	E	A	B	C
29	30					
D	E					

OCTOBER 2 0 2 4						
S	M	T	W	T	F	S
		1	2	3	4	5
		A	B	C	D	E
6	7	8	9	10	11	12
A	B	C	D	E	A	B
13	14	15	16	17	18	19
C	D	E	A	B	C	D
20	21	22	23	24	25	26
E	A	B	C	D	E	A
27	28	29	30	31		
B	C	D	E	A		

NOVEMBER 2 0 2 4						
S	M	T	W	T	F	S
					1	2
					B	C
3	4	5	6	7	8	9
D	E	A	B	C	D	E
10	11	12	13	14	15	16
A	B	C	D	E	A	B
17	18	19	20	21	22	23
C	D	E	A	B	C	D
24	25	26	27	28	29	30
E	A	B	C	D	E	A

DECEMBER 2 0 2 4						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
B	C	D	E	A	B	C
8	9	10	11	12	13	14
D	E	A	B	C	D	E
15	16	17	18	19	20	21
A	B	C	D	E	A	B
22	23	24	25	26	27	28
C	D	E	A	B	C	D
29	30	31				
E	A	B				

JANUARY 2 0 2 5						
S	M	T	W	T	F	S
			1	2	3	4
			C	D	E	A
5	6	7	8	9	10	11
B	C	D	E	A	B	C
12	13	14	15	16	17	18
D	E	A	B	C	D	E
19	20	21	22	23	24	25
A	B	C	D	E	A	B
26	27	28	29	30	31	
C	D	E	A	B	C	

FEBRUARY 2 0 2 5						
S	M	T	W	T	F	S
						1
						D
2	3	4	5	6	7	8
E	A	B	C	D	E	A
9	10	11	12	13	14	15
B	C	D	E	A	B	C
16	17	18	19	20	21	22
D	E	A	B	C	D	E
23	24	25	26	27	28	
A	B	C	D	E	A	

MARCH 2 0 2 5						
S	M	T	W	T	F	S
						1
						B
2	3	4	5	6	7	8
C	D	E	A	B	C	D
9	10	11	12	13	14	15
E	A	B	C	D	E	A
16	17	18	19	20	21	22
B	C	D	E	A	B	C
23	24	25	26	27	28	29
D	E	A	B	C	D	E
30	31					
A	B					

APRIL 2 0 2 5						
S	M	T	W	T	F	S
			1	2	3	4
			C	D	E	A
6	7	8	9	10	11	12
C	D	E	A	B	C	D
13	14	15	16	17	18	19
E	A	B	C	D	E	A
20	21	22	23	24	25	26
B	C	D	E	A	B	C
27	28	29	30			
D	E	A	B			

MAY 2 0 2 5						
S	M	T	W	T	F	S
				1	2	3
				C	D	E
4	5	6	7	8	9	10
A	B	C	D	E	A	B
11	12	13	14	15	16	17
C	D	E	A	B	C	D
18	19	20	21	22	23	24
E	A	B	C	D	E	A
25	26	27	28	29	30	31
B	C	D	E	A	B	C

JUNE 2 0 2 5						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
D	E	A	B	C	D	E
8	9	10	11	12	13	14
A	B	C	D	E	A	B
15	16	17	18	19	20	21
C	D	E	A	B	C	D
22	23	24	25	26	27	28
E	A	B	C	D	E	A
29	30					
B	C					

JULY 2 0 2 5						
S	M	T	W	T	F	S
			1	2	3	4
			D	E	A	B
6	7	8	9	10	11	12
D	E	A	B	C	D	E
13	14	15	16	17	18	19
A	B	C	D	E	A	B
20	21	22	23	24	25	26
C	D	E	A	B	C	D
27	28	29	30	31		
E	A	B	C	D		

AUGUST 2 0 2 5						
S	M	T	W	T	F	S
					1	2
					E	A
3	4	5	6	7	8	9
B	C	D	E	A	B	C
10	11	12	13	14	15	16
D	E	A	B	C	D	E
17	18	19	20	21	22	23
A	B	C	D	E	A	B
24	25	26	27	28	29	30
C	D	E	A	B	C	D

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