

SPIRIT TAEKWONDO

EFFECTIVE SEPTEMBER 14, 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 - 6:15 CHILDREN BEGINNER	5:30 - 6:15 LITTLE SPIRITS	5:30 - 6:15 CHILDREN BEGINNER	5:30 - 6:15 LITTLE SPIRITS	5:30 - 6:15 CHILDREN OPEN	10:30 - 11:30 FAMILY OPEN CLASS	C L O S E D
6:30 - 7:15 CHILDREN ADVANCED	6:30 - 7:30 CHILDREN OPEN	6:30 - 7:15 CHILDREN ADVANCED	6:30 - 7:30 CHILDREN OPEN	6:30 - 7:15 FAMILY OPEN CLASS	11:30 - 1PM BLACK BELT CLASS	
7:30 - 8:30 ADULT & JUNIOR OPEN	7:30 - 8:30 FAMILY OPEN CLASS	7:30 - 8:30 ADULT & JUNIOR OPEN	7:30 - 8:30 FAMILY OPEN CLASS			

ALL STUDENTS MUST PREREGISTER FOR CLASSES - CLASS SIZE IS LIMITED

LITTLE SPIRITS	BEGINNER	ADVANCED	OPEN	FAMILY	JR/ADULT	BLACK BELT
AGES 4 & 5	WHITE TO GREEN-STRIPE	GREEN AND UP	ALL BELTS	ALL BELTS & AGES 9+	AGES 12 AND UP	BLACK-STRIPE AND UP